

## **The Rio Grande Renegades Accident and Emergency Evacuation Plan**

In case of an accident we will have a first aid kit and trauma kit with supplies to help with minor injuries and to help keep an injured person comfortable till medical help arrives. The first aid kit will be located in the Tungstell Store at the east burm and will be available to the members that are shooting at the range. When members are at the range, they need to sign in at the range office, regardless if they are shooting or not. There needs to be at least 2 people present in case there would be an emergency situation. **In case of any accident or emergency you need to take care of the emergency. You need to notify Rick Vernon at the Albuquerque City Range Office at 505-836-8785 with the nature of the injury or emergency.**

Weather problems, environmental effects, disaster issues, accidents, and other similar situations can all create unusual situations that cause the mind to run extremely fast and/or cause the mind to go blank and/or cause the mind to not thinking clearly and correctly. Therefore, here is a list of phone numbers that can be utilized in the event of an emergency situation. **For a major medical situation call 911 immediately.**

**Be prepared to give the following information to the dispatch of other emergency response personal:**

- **Immediately identify your location as the City of Albuquerque Shooting range.**
- **Your name and phone number from which you are calling. Your location; Shooting Range Access Road off of Paseo Del Volcan NW.**
- **The type and location of emergency.**
- **What assistance is needed (ambulance, fire department, police)**
- **What you or someone else is presently doing (using a fire extinguisher, administering CPR, direct pressure to wound, etc.)**
- **Unless you are told otherwise, stay on the phone to further direct communications as needed.**

For Minor injuries or illnesses here is a list of numbers that can be accessed:

\*Ambulance Phone Number:

**Albuquerque Ambulance non emergency 761-8200**

\*Hospital/Urgent Care Center/Emergency Room Phone Number:

**Presbyterian Non Emergency 841-1234**

**Lovelace Westside Hospital Non Emergency 727-2000**

**University Hospital Emergency 911 or Non Emergency 272-0433**

\*Police/Sheriff Dept Phone Number:

**Albuquerque Police Dept. Non Emergency 242-2677**

**Bernalillo County Sheriff Dept. Non Emergency 798-7000**

\*Poison Control Center Phone Number:

**1-800-222-1222**

\*Fire Department Phone Number:

**Albuquerque Fire Dept. Non Emergency 311 or 833-7300**

**Bernalillo County Fire Dept. Non Emergency 314-0060**

\*Fastest Route to Hospitals/Urgent Care Centers:

**Maps to local Hospitals Attached.**

## **First Aid**

### **Primary Survey:**

1. Check for responsiveness.
2. Check for airway, breathing and circulation.

### **Secondary Survey:**

1. Conduct a head to toe search for other injuries.
2. Look for medical alert identification.
3. Obtain any relevant medical history about the victim.

### **First Aid for Serious Bleeding Wounds:**

1. All blood should be treated as though infectious or contaminated. Put on latex gloves provided for your personal protection.
2. Cut the clothing away from the area to locate the bleeding site. Do not attempt to clean the wound.
3. Examine the victim of a gunshot injury for possible exit wound. The exit wound from the body may be more serious than the entrance wound.
4. Place the sterile dressing over the wound and apply pressure.
5. If the bleeding continues to seep through the bandage, place another dressing over it. Removing the saturated dressing can reopen the wound.

6. When the bleeding appears to have stopped, use the adhesive tape or gauze to secure the dressing in place and maintain pressure to the wound.
7. Elevate the wound above the heart to help reduce the flow of bleeding.
8. Applying firm pressure to the brachial/femoral pressure points can further control severe bleeding.

### **First Aid for Open Chest Injuries:**

To prevent air from entering the chest, apply the Vaseline gauze dressing as follows:

1. Spread open the Vaseline gauze packet leaving the package on the gauze.
2. Apply it directly over the chest wound.
3. Apply at least one 4 x 4 gauze pad over the Vaseline gauze.
4. Tape three sides of the dressing allowing one side of the Vaseline dressing to remain open. This forms a flutter valve and will prevent air from entering the chest during inhalations, but allows it to vent out of the chest during exhalation.

### **First Aid for Shock:**

1. Prevent shock by keeping the victim warm with blankets or coats in order to maintain a normal body temperature.
2. The victim's head should be kept at body level unless the person complains of difficulties in breathing; in the absence of a skull or spine injury, the victim's head and shoulders may be raised slightly to make the person more comfortable.
3. Elevate the legs to direct blood to the vital organs. Lower the legs if there is breathing difficulty or pain.

(The above is only medical information. Emergency situations may vary. For further education and or questions please contact an Emergency Medical Professional).



Notes

**Trip to:**

Lovelace Westside Hospital  
 10501 Golf Course Rd NW  
 Albuquerque, NM 87114  
 (505) 727-2000

**16.32 miles**  
**27 minutes**

|  | <b>16001 Shooting Range Access Rd</b><br>Albuquerque, NM 87120  | <b>Miles Per Section</b> | <b>Miles Driven</b> |
|--|---|--------------------------|---------------------|
|  | 1. Start out going EAST on SHOOTING RANGE ACCESS RD toward ACCESS RD NW.  | <b>Go 3.8 Mi</b>         | 3.8 mi              |
|  | 2. Turn LEFT onto PASEO DEL VOLCAN NW.  | <b>Go 4.5 Mi</b>         | 8.3 mi              |
|  | 3. PASEO DEL VOLCAN NW becomes PASEO DEL NORTE NW.  | <b>Go 3.1 Mi</b>         | 11.4 mi             |
|  | 4. Turn LEFT onto UNIVERSE BLVD NW.<br><i>UNIVERSE BLVD NW is 0.4 miles past RAINBOW BLVD NW</i>  | <b>Go 0.2 Mi</b>         | 11.6 mi             |
|  | 5. Take the 1st RIGHT onto PARADISE BLVD NW.<br><i>If you reach VENTANA VILLAGE RD NW you've gone about 0.1 miles too far</i>   | <b>Go 1.4 Mi</b>         | 13.1 mi             |
|  | 6. Turn LEFT onto LYON BLVD NW.<br><i>LYON BLVD NW is just past UNSER BLVD NW</i>   | <b>Go 0.4 Mi</b>         | 13.5 mi             |
|  | 7. LYON BLVD NW becomes UNSER BLVD NW.  | <b>Go 0.7 Mi</b>         | 14.3 mi             |
|  | 8. Take the 1st RIGHT onto MCMAHON BLVD NW.<br><i>If you reach SUMMER RIDGE RD NW you've gone about 0.2 miles too far</i>   | <b>Go 1.4 Mi</b>         | 15.7 mi             |
|  | 9. Turn LEFT onto GOLF COURSE RD NW.<br><i>GOLF COURSE RD NW is 0.2 miles past PUERTA DEL SOL APARTMENTS</i>  | <b>Go 0.4 Mi</b>         | 16.0 mi             |
|  | 10. Make a U-TURN at DRIFTWOOD AVE NW onto GOLF COURSE RD NW.<br><i>If you reach BENTON AVE NW you've gone about 0.2 miles too far</i>                                    | <b>Go 0.3 Mi</b>         | 16.3 mi             |
|  | 11. 10501 GOLF COURSE RD NW is on the RIGHT.<br><i>Your destination is 0.1 miles past CRESTRIDGE AVE NW<br/>If you reach MCMAHON BLVD NW you've gone a little too far</i> |                          | 16.3 mi             |
|  | <b>Lovelace Westside Hospital</b><br>10501 Golf Course Rd NW, Albuquerque, NM 87114<br>(505) 727-2000   | <b>16.3 mi</b>           | <b>16.3 mi</b>      |

Total Travel Estimate: **16.32 miles - about 27 minutes**



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Notes

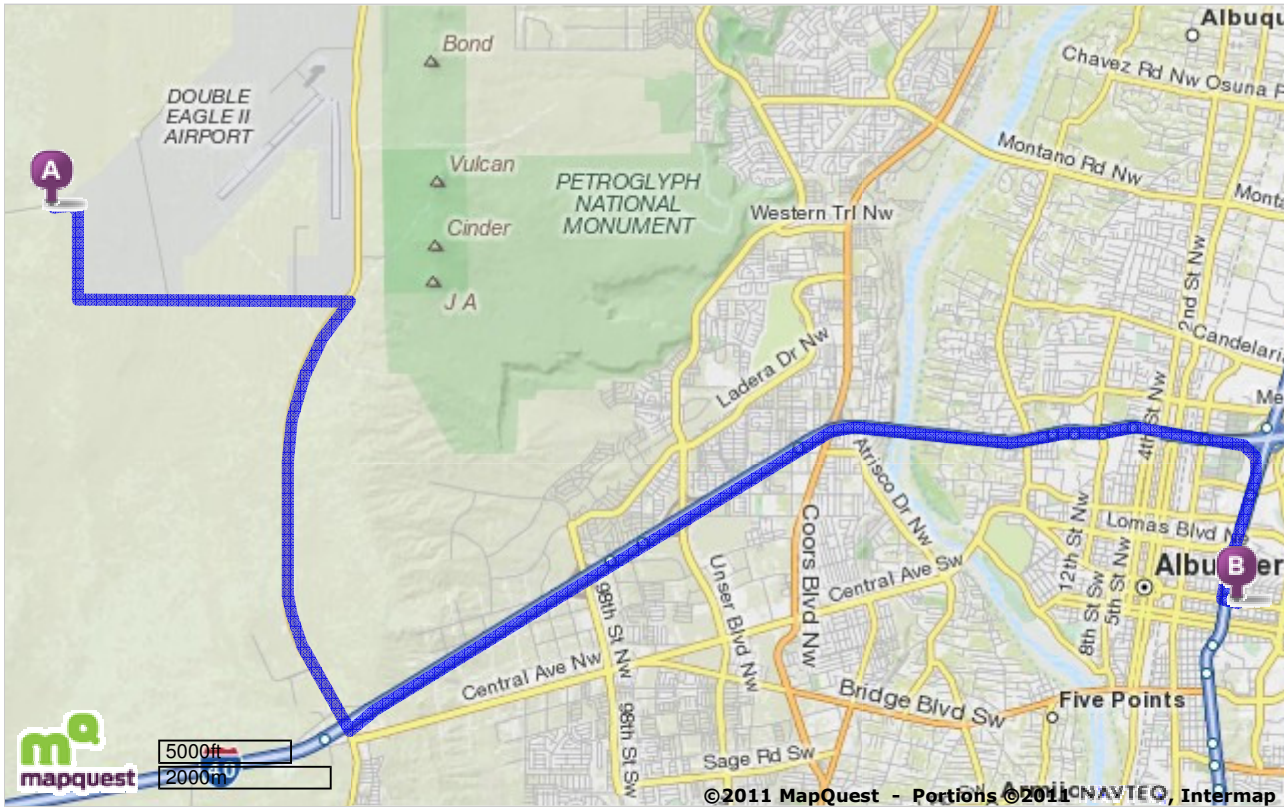
**Trip to:**

Presbyterian Hospital  
 1100 Central Ave SE  
 Albuquerque, NM 87106  
 (505) 841-1234

**19.62 miles**  
**25 minutes**

|  | <b>16001 Shooting Range Access Rd</b><br>Albuquerque, NM 87120   | <b>Miles Per Section</b> | <b>Miles Driven</b> |
|--|--|--------------------------|---------------------|
|  | 1. Start out going EAST on SHOOTING RANGE ACCESS RD toward ACCESS RD NW.   | <b>Go 3.8 Mi</b>         | 3.8 mi              |
|  | 2. Turn RIGHT onto PASEO DEL VOLCAN NW.  | <b>Go 4.5 Mi</b>         | 8.3 mi              |
|  | 3. Merge onto I-40 E via the ramp on the LEFT toward SANTA ROSA.<br><i>If you reach CENTRAL AVE SW you've gone about 0.1 miles too far</i>                     | <b>Go 9.2 Mi</b>         | 17.5 mi             |
|  | 4. Merge onto I-25 S via EXIT 159B toward AIRPORT / LAS CRUCES.  | <b>Go 1.4 Mi</b>         | 18.9 mi             |
|  | 5. Take the DR MARTIN LUTHER KING JR AVE exit, EXIT 224B, toward CENTRAL AVE / ROUTE 66.   | <b>Go 0.3 Mi</b>         | 19.1 mi             |
|  | 6. Stay STRAIGHT to go onto LOCUST ST NE.  | <b>Go 0.3 Mi</b>         | 19.5 mi             |
|  | 7. Take the 2nd LEFT onto CENTRAL AVE SE / ROUTE 66.<br><i>If you reach I-25 S you've gone about 0.2 miles too far</i>   | <b>Go 0.2 Mi</b>         | 19.6 mi             |
|  | 8. 1100 CENTRAL AVE SE is on the RIGHT.<br><i>Your destination is just past MULBERRY ST NE</i><br><i>If you reach CEDAR ST SE you've gone a little too far</i> |                          | 19.6 mi             |
|  | <b>Presbyterian Hospital</b><br>1100 Central Ave SE, Albuquerque, NM 87106<br>(505) 841-1234   | <b>19.6 mi</b>           | <b>19.6 mi</b>      |

Total Travel Estimate: **19.62 miles - about 25 minutes**



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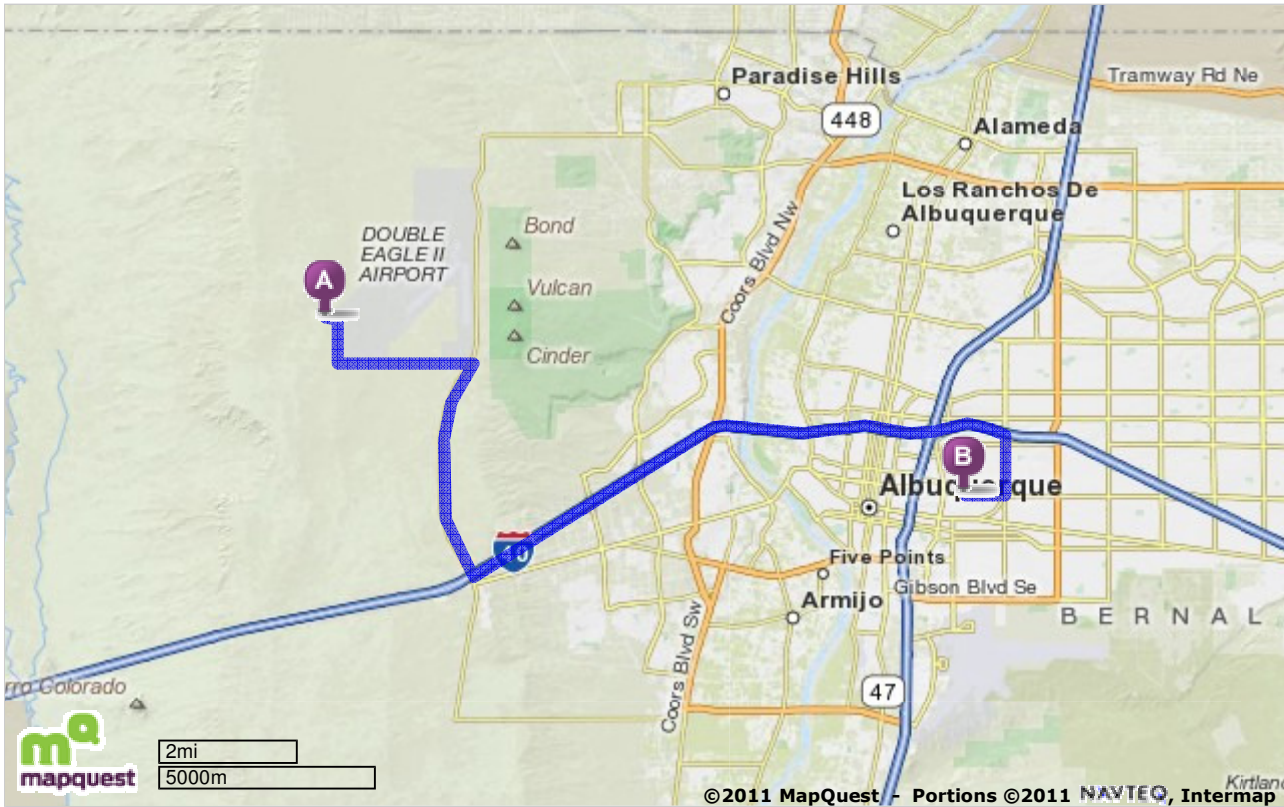
Notes

**Trip to:**

University Hospital Nm  
 2211 Lomas Blvd NE # Acc2  
 Albuquerque, NM 87106  
 (505) 272-0433  
**21.51 miles**  
**29 minutes**

|  | <b>16001 Shooting Range Access Rd</b><br>Albuquerque, NM 87120   | <b>Miles Per Section</b> | <b>Miles Driven</b> |
|--|--|--------------------------|---------------------|
|  | 1. Start out going EAST on SHOOTING RANGE ACCESS RD toward ACCESS RD NW.   | <b>Go 3.8 Mi</b>         | 3.8 mi              |
|  | 2. Turn RIGHT onto PASEO DEL VOLCAN NW.  | <b>Go 4.5 Mi</b>         | 8.3 mi              |
|  | 3. Merge onto I-40 E via the ramp on the LEFT toward SANTA ROSA.<br><i>If you reach CENTRAL AVE SW you've gone about 0.1 miles too far</i>                                 | <b>Go 11.0 Mi</b>        | 19.3 mi             |
|  | 4. Take the CARLISLE BLVD exit, EXIT 160.  | <b>Go 0.3 Mi</b>         | 19.6 mi             |
|  | 5. Turn RIGHT onto CARLISLE BLVD NE.<br><i>If you reach I-40 E you've gone about 0.2 miles too far</i>   | <b>Go 1.2 Mi</b>         | 20.7 mi             |
|  | 6. Turn RIGHT onto LOMAS BLVD NE.<br><i>LOMAS BLVD NE is just past MESA VERDE AVE NE</i>   | <b>Go 0.8 Mi</b>         | 21.5 mi             |
|  | 7. 2211 LOMAS BLVD NE # ACC2 is on the RIGHT.<br><i>Your destination is 0.2 miles past VASSAR DR NE</i><br><i>If you reach STANFORD DR NE you've gone a little too far</i> |                          | 21.5 mi             |
|  | <b>University Hospital Nm</b><br>Sammy Rivas MD<br>2211 Lomas Blvd NE # Acc2, Albuquerque, NM 87106<br>(505) 272-0433  | <b>21.5 mi</b>           | <b>21.5 mi</b>      |

Total Travel Estimate: **21.51 miles - about 29 minutes**



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